

Provision	Section in Area Development Agreement	Summary
		You must waive your rights to a jury trial and claims for punitive damages.
v. Choice of forum ¹	Section 9.1	Subject to state law, any informal dispute resolution, mediation or arbitration proceeding must be conducted where our principal office is located when the demand is requested. Any litigation to enforce the Area Development Agreement must be filed in the courts where our principal office is located when litigation is filed (currently Broward County, Florida).
w. Choice of law ¹	Section 9.1	Except to the extent governed by the United States Trademark Act of 1946, the United States Copyright Act or the United States Arbitration Act, and subject to applicable state law, the Development Agreement is interpreted under the laws of Florida.

¹ See Exhibits A and F to this Franchise Disclosure Document for certain state-specific requirements.

ITEM -18 PUBLIC FIGURES

Effective January 2021, we entered into a Celebrity Endorsement Agreement with Brees Company, Inc., a Delaware corporation (“BCI”), for the services of Drew Brees, the former quarterback in the National Football League with the New Orleans Saints. Mr. Brees has become a public figure identified with physical conditioning, including stretching exercises. Mr. Brees endorses the Stretch Zone Franchise concept. BCI, on behalf of Mr. Brees, has agreed to make him available to provide marketing services for Stretch Zone and granted us the right and license to use the Drew Brees name, nickname, initials, autograph, facsimile signature, photograph, likeness, and/or endorsement in connection with the advertisement, promotion, sale and operation of Stretch Zone Franchises. In exchange for Mr. Brees’ endorsement and the above-referenced licenses, we agreed (a) to pay BCI a guaranteed minimum \$250,000 annual payment; (b) to grant Mr. Brees the right to be on the Management Committee; (c) to grant Mr. Brees Unit Appreciation Rights; (d) to grant Mr. Brees Area Development Rights for 20 Franchises to be located in the greater New Orleans, Indianapolis and San Diego; and (e) to grant Mr. Brees a Right of First Refusal for Franchises to be located in Orange County, California. Effective June 2023, the Agreement was amended to (i) extend the term by approximately four years to December 31, 2028, (ii) amend the compensation to a guaranteed minimum \$500,000 annual payment, and (iii) issue certain Class C units of our Parent to Mr. Brees.

ITEM -19 FINANCIAL PERFORMANCE REPRESENTATIONS

The FTC’s Franchise Rule permits a franchisor to provide information about the actual or potential financial performance of its franchised and/or franchisor-owned outlets, if there is a reasonable basis for the information, and if the information is included in this disclosure document. Financial performance information that differs from that included in this Item 19 may be given only if: (1) a franchisor provides the actual records of an existing outlets you are considering buying; or (2) a franchisor supplements the information provided in this Item 19, for example, by providing information about possible performance at a particular location or under particular circumstances.

This Item 19 presents information about the financial performance during our fiscal year ended December 31, 2025 (“Calendar Year 2025”) of certain Franchise Businesses.

Table 1: AVERAGE GROSS REVENUES BY QUARTILE FOR FRANCHISE BUSINESSES FOR FISCAL YEAR 2025

Quartiles	Average Gross Revenues	Median Gross Revenues	Lowest Gross Revenues	Highest Gross Revenues	Met or Exceeded Average (Count / %)
Top Quartile	\$492,452	\$459,031	\$386,890	\$1,166,909	21 / 36%
2nd Quartile	\$335,937	\$330,892	\$290,905	\$ 386,263	26 / 44%
3rd Quartile	\$260,252	\$261,911	\$226,293	\$ 290,707	32 / 54%
Bottom Quartile	\$154,868	\$157,767	\$ 78,220	\$ 218,842	31 / 52%
Total	\$310,219	\$290,707	\$ 78,220	\$1,166,909	106 / 45%

MATERIAL BASES FOR THE HISTORICAL FPRS:

The following are the 6 elements comprising a “material” basis for the historical financial performance representations:

1. **Group Measured** – The group measured includes all Franchise Businesses in the United States that have been operating for 12 or more months, out of a total of 413 Franchise Businesses that were operational as of December 31, 2025. This Table includes all of the 237 Franchise Businesses opened and operational during calendar year 2025. No Franchise Businesses permanently closed during calendar year 2025.

Month	Franchised Outlets in System	Franchised Outlets Represented
January 2025	377	237
February 2025	377	237
March 2025	377	237
April 2025	377	237
May 2025	377	237
June 2025	377	237
July 2025	377	237
August 2025	377	237
September 2025	377	237
October 2025	377	237
November 2025	377	237
December 2025	377	237

2. **Number of Franchise Businesses Measured** – The number of Franchise Businesses measured is 377.
3. **Number of Franchise Businesses Reporting** – The number of Franchise Businesses reporting is 237.

4. **Number of Percentage of Franchise Businesses** – The number and percentage of Franchise Businesses that achieved the stated level of performance is 237 out of 377 Franchise Businesses currently operating.

5. **Distinguishing Characteristics** - The distinguishing characteristics of the group measured are time in operation and Franchise Businesses.

- We excluded the operation results of 140 Franchise Businesses for a variety of reasons, including operational failures and not following system standards.

Table 2: AVERAGE GROSS REVENUES BY QUARTILE FOR FRANCHISE BUSINESSES THAT PERFORMED MORE THAN ONE SERVICE ON AT LEAST 95% OF CALENDAR DAYS IN CALENDAR YEAR 2025

Quartiles	Average Gross Revenues	Median Gross Revenues	Lowest Gross Revenues	Highest Gross Revenues	Met or Exceeded Average (Count / %)
Top Quartile	\$565,215	\$543,547	\$444,374	\$1,166,909	11 / 44%
2nd Quartile	\$400,194	\$401,335	\$363,378	\$ 443,779	12 / 50%
3rd Quartile	\$321,673	\$324,480	\$292,761	\$ 348,211	14 / 56%
Bottom Quartile	\$254,672	\$258,463	\$153,248	\$ 292,740	14 / 56%
Total	\$385,290	\$348,211	\$153,248	\$1,166,909	42 / 42%

Note to Table 2:

1. As stated above, there are 237 Franchise Businesses. This Table 2 includes a subset of the Franchise Businesses – specifically, the 99 Franchise Businesses that were open and provided services to clients for at least 347 out of 365 days (95%) in calendar year 2025. This Table does not include the 138 Franchise Businesses that were open and providing services to clients for fewer than 347 out of 365 days in calendar year 2025.

MATERIAL BASES FOR THE HISTORICAL FPRS:

The following are the 6 elements comprising a “material” basis for the historical financial performance representations:

1. **Group Measured** – The group measured includes the 237 Franchise Businesses in the United States that are mentioned in Table 1, all of which have been operating for 12 or more months and operational for the entire calendar year 2025.

Month	Franchised Outlets in System	Franchised Outlets Represented
January 2025	237	99
February 2025	237	99
March 2025	237	99
April 2025	237	99
May 2025	237	99

Month	Franchised Outlets in System	Franchised Outlets Represented
June 2025	237	99
July 2025	237	99
August 2025	237	99
September 2025	237	99
October 2025	237	99
November 2025	237	99
December 2025	237	99

2. **Number of Franchise Businesses Measured** – The number of Franchise Businesses measured is 237.

3. **Number of Franchise Businesses** – The number of Franchise Businesses reporting is 99.

4. **Number of Percentage of Franchise Businesses** – The number and percentage of Franchise Businesses that achieved the stated level of performance is 99 out of 237 Franchise Businesses currently operating.

5. **Distinguishing Characteristics** - The distinguishing characteristics of the group measured are time in operation, Franchise Businesses, and performance of more than one service on at least 95% of calendar days in Fiscal Year 2025.

NOTES TO ITEM 19:

1. **Some Franchise Businesses have sold or earned this amount. Your individual results may differ. There is no assurance that you'll sell or earn as much.**
2. "Gross Revenues" means the entire amount of all of the revenues from the ownership or operation of the Franchise Business, including the proceeds of any business interruption insurance, whether the revenues are evidenced by cash, credit, checks, or gift certificates (unless exempted by us), and the fair market value of any services, property, or other means of exchange, except the amount of any sales taxes that are collected and paid to the taxing authority (based on the cash method of accounting). We allow the deduction of cash refunded, credit given to customers, and receivables uncollectible from customers in computing Gross Revenues to the extent that the cash, credit or receivables were previously included in Gross Revenues on which Royalty Fees and Advertising Contributions were paid. Gross Revenues are considered received at the time the goods, products, merchandise or services from which Gross Revenues are derived are delivered or rendered, or at the time that the relevant sale takes place, whichever occurs first.
3. These sales figures do not reflect the costs of sales, operating expenses, or other costs or expenses that must be deducted from the Gross Revenues figures to obtain your net income or profit.
4. We calculated the figures in the table in this financial performance representation using financial reports submitted by our franchisees. We were unable to verify the information provided by the franchisees.

5. Written substantiation for the financial performance representation will be made available to the prospective franchisee upon reasonable request.
6. We encourage you to contact our existing franchisees to discuss their experiences with our franchise system and their Franchise Businesses.

Other than in this Item 19, we do not make any representations about a franchisee's future financial performance or the past financial performance of company-owned (as applicable) or franchised outlets. We also do not authorize our employees or representatives to make any such representations, either orally or in writing. If you receive any other financial performance information or projections of your future income, you should report it to our management by contacting Jordan Levine, President and COO at 6700 North Andrews Avenue #210, Fort Lauderdale, Florida 33309, 954-799-6419, the Federal Trade Commission, and the appropriate state regulatory agencies.

ITEM -20 OUTLETS AND FRANCHISEE INFORMATION

**Table No. 1
System wide Unit Summary
For Years 2023 to 2025**

Column 1 Unit Type	Column 2 Year	Column 3 Units at the Start of the Year	Column 4 Units at the End of the Year	Column 5 Net Change
Franchised	2023	240	330	+90
	2024	330	377	+47
	2025	377	413	+36
Company-Owned	2023	3	0	-3
	2024	0	0	0
	2025	0	0	0
Total Units	2023	243	330	+87
	2024	330	377	+47
	2025	377	413	+36

**Table No. 2
Transfers of Units from Franchisees to New Owners (other than Us)
For Years 2023 to 2025**

Column 1 State¹	Column 2 Year	Column 3 Number of Transfers
Alabama	2023	2
	2024	3
	2025	1
Alaska	2023	0
	2024	0
	2025	2

Column 1	Column 2	Column 3
State ¹	Year	Number of Transfers
Arizona	2023	1
	2024	9
	2025	1
Arkansas	2023	0
	2024	1
	2025	0
Connecticut	2023	1
	2024	0
	2025	0
Colorado	2023	3
	2024	2
	2025	1
Delaware	2023	0
	2024	0
	2025	2
Florida	2023	3
	2024	31
	2025	10
Georgia	2023	2
	2024	8
	2025	1
Idaho	2023	0
	2024	2
	2025	0
Illinois	2023	4
	2024	0
	2025	5
Indiana	2023	0
	2024	0
	2025	4
Iowa	2023	0
	2024	0
	2025	2
Kentucky	2023	0
	2024	0
	2025	2
Louisiana	2023	0
	2024	1
	2025	4
Maryland	2023	0
	2024	2
	2025	0

Column 1	Column 2	Column 3
State ¹	Year	Number of Transfers
Massachusetts	2023	0
	2024	3
	2025	3
Mississippi	2023	0
	2024	0
	2025	1
Missouri	2023	0
	2024	1
	2025	0
Nebraska	2023	0
	2024	2
	2025	2
New Jersey	2023	1
	2024	1
	2025	0
Nevada	2023	4
	2024	3
	2025	0
North Carolina	2023	4
	2024	7
	2025	1
Ohio	2023	0
	2024	2
	2025	0
Oklahoma	2023	0
	2024	2
	2025	0
Oregon	2023	0
	2024	0
	2025	4
South Carolina	2023	2
	2024	0
	2025	0
Tennessee	2023	3
	2024	2
	2025	8
Texas	2023	0
	2024	10
	2025	7
Utah	2023	0
	2024	0
	2025	5

Column 1	Column 2	Column 3
State ¹	Year	Number of Transfers
Washington	2023	0
	2024	1
	2025	1
Wisconsin	2023	0
	2024	6
	2025	0
Virginia	2023	1
	2024	0
	2025	0
Total	2023	31
	2024	99
	2025	67

Table No. 3

**Status of Franchised Units
For Years 2023 to 2025**

Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8	Col. 9
State	Year	Units at Start of Year	Units Opened	Terminations	Non-Renewals	Re-acquired by Us	Ceased Operations-Other Reasons	Units at End of the Year
Alabama	2023	5	3	0	0	0	0	8
	2024	8	2	0	0	0	0	10
	2025	10	0	0	0	0	0	10
Alaska	2023	2	0	0	0	0	0	2
	2024	2	0	0	0	0	0	2
	2025	2	0	0	0	0	0	2
Arizona	2023	8	0	0	0	0	0	8
	2024	8	0	0	0	0	0	8
	2025	8	1	0	0	0	0	9
Arkansas	2023	1	0	0	0	0	0	1
	2024	1	1	0	0	0	0	2
	2025	2	1	0	0	0	0	3
California	2023	3	3	0	0	0	0	6
	2024	6	3	0	0	0	0	9
	2025	9	7	0	0	0	0	16
Colorado	2023	9	1	0	0	0	0	10
	2024	10	3	0	0	0	0	13
	2025	13	0	0	0	0	0	13

Col. 1 State	Col. 2 Year	Col. 3 Units at Start of Year	Col. 4 Units Opened	Col. 5 Terminations	Col. 6 Non-Renewals	Col. 7 Re-acquired by Us	Col. 8 Ceased Operations-Other Reasons	Col. 9 Units at End of the Year
Connecticut	2023	1	0	0	0	0	0	1
	2024	1	0	0	0	0	0	1
	2025	1	2	0	0	0	0	3
Delaware	2023	1	1	0	0	0	0	2
	2024	2	0	0	0	0	0	2
	2025	2	0	0	0	0	0	2
Florida	2023	54	18**	0	0	0	0	72**
	2024	72	9	0	0	0	0	81
	2025	81	2	0	0	0	0	83
Georgia	2023	15	5	0	0	0	0	20
	2024	20	3	0	0	0	0	23
	2025	23	1	0	0	0	0	24
Idaho	2023	1	1	0	0	0	0	2
	2024	2	0	0	0	0	0	2
	2025	2	0	0	0	0	0	2
Illinois	2023	7	4	0	0	0	0	11
	2024	11	0	0	0	0	0	11
	2025	11	1	0	0	0	0	12
Indiana	2023	3	1	0	0	0	0	4
	2024	4	0	0	0	0	0	4
	2025	4	0	0	0	0	0	4
Iowa	2023	1	3	0	0	0	0	4
	2024	4	0	0	0	0	0	4
	2025	4	1	0	0	0	0	5
Kansas	2023	3	0	0	0	0	0	3
	2024	3	0	0	0	0	0	3
	2025	3	0	0	0	0	0	3
Kentucky	2023	4	0	0	0	0	0	4
	2024	4	1	0	0	0	0	5
	2025	5	0	0	0	0	0	5
Louisiana	2023	6	0	0	0	0	0	6
	2024	6	1	0	0	0	0	7
	2025	7	0	0	0	0	0	7
Maryland	2023	6	3	0	0	0	0	9
	2024	9	1	0	0	0	0	10
	2025	10	1	0	0	0	0	11
Massachusetts	2023	3	2	0	0	0	0	5
	2024	5	0	0	0	0	0	5
	2025	5	1	0	0	0	0	6

Col. 1 State	Col. 2 Year	Col. 3 Units at Start of Year	Col. 4 Units Opened	Col. 5 Terminations	Col. 6 Non-Renewals	Col. 7 Re-acquired by Us	Col. 8 Ceased Operations-Other Reasons	Col. 9 Units at End of the Year
Michigan	2023	4	1	0	0	0	0	5
	2024	5	1	0	0	0	0	6
	2025	6	0	0	0	0	0	6
Minnesota	2023	1	2	0	0	0	0	3
	2024	3	0	0	0	0	0	3
	2025	3	1	0	0	0	0	4
Mississippi	2023	1	1	0	0	0	0	2
	2024	2	1	0	0	0	0	3
	2025	3	1	0	0	0	0	4
Missouri	2023	3	2	0	0	0	0	5
	2024	5	0	0	0	0	0	5
	2025	5	0	0	0	0	0	5
Nebraska	2023	1	1	0	0	0	0	2
	2024	2	0	0	0	0	0	2
	2025	2	0	0	0	0	0	2
Nevada	2023	6	1	0	0	0	0	7
	2024	7	0	0	0	0	0	7
	2025	7	0	0	0	0	0	7
New Jersey	2023	3	2	0	0	0	0	5
	2024	5	1	0	0	0	0	6
	2025	6	1	0	0	0	0	7
New Mexico	2023	1	1	0	0	0	0	2
	2024	2	0	0	0	0	0	2
	2025	2	0	0	0	0	0	2
New York	2023	4	5	0	0	0	0	9
	2024	9	2	0	0	0	0	11
	2025	11	2	0	0	0	0	13
North Carolina	2023	10	4	0	0	0	0	14
	2024	14	1	0	0	0	0	15
	2025	15	2	0	0	0	0	17
Oklahoma	2023	0	3	0	0	0	0	3
	2024	3	3	0	0	0	0	6
	2025	6	0	0	0	0	0	6
Oregon	2023	0	3	0	0	0	0	3
	2024	3	2	0	0	0	0	5
	2025	5	0	0	0	0	0	5
Ohio	2023	2	0	0	0	0	0	2
	2024	2	0	0	0	0	0	2
	2025	2	1	0	0	0	0	3